

MY DREAM ESSAY

Introduction

Dreams play a vital role in shaping our future. It is rightly said, “If you can imagine it, you can achieve it; if you can dream it, you can become it”. So if you have a dream then set it up as your goal and work hard towards achieving it. Though it is easier said than done however if you are really hard pressed towards achieving it you shall definitely be able to make it.

Take One Step at a Time

You may have a big dream in life however in order to attain the same you must set both short term and long-term goals and take small and steady steps. Taking one step at a time always helps rather than rushing into it all at once. For instance, my dream is to become a fashion designer and I know that it would only be possible if I complete a course in Fashion Designing from a reputed institute and there is nothing much that I can do to speed up the attainment of my dream right now when I am still schooling.

However, this does not deter me from following fashion blogs and websites to explore the world of fashion. By doing so I am taking the little steps I can to achieve my dream. While my ultimate goal is to become an established Fashion Designer, I have set various small goals for the months and years to come so that these take me to my ultimate goal.

Stay Motivated to Attain Your Dream

One of the main hindrances in achieving the dreams and goals is lack of motivation. Many people give up on their dreams as they get tired mid-way. It is essential to stay motivated and stop only when you have achieved your dream. Here are a few tips to keep you motivated:

Remind Yourself of Your Ultimate Goal

If ever you see yourself running out of energy and get too tired to follow the set goals it is time to remind yourself of your ultimate goal and the joy and pride you will experience as you achieve it. This is like pressing the reset button to begin with a fresh mind once again.

Reward Yourself

As you set short term goals, also keep a reward for each milestone you achieve. The reward can be anything from buying yourself a dress or visiting your favorite café or going out with friends. This is a good way to stay motivated towards achieving your goals.

Take Some Time Off

Too much work and no play can make you rather dull and hamper your productivity which in turn can demotivate you. It is thus a good idea to take some time off every now and then to indulge in something you love. Ideally you must squeeze in half an hour from your schedule each day to indulge in your favorite sport.

Surround Yourself with Positive People

Surrounding yourself with people who believe in your dreams and inspire you to work hard to attain the same is a good way to stay motivated.

Learn from Your Mistakes

Rather than getting disheartened and giving up on your dreams when you make a mistake and face tough time, it is suggested to learn from your mistakes and let them make you stronger.

Conclusion

As you dream and set goals, it is essential to put a plan in place and work according to it to move in the right direction. Preparing a plan and getting organized are the initial steps towards attaining your dream. Dream big and overcome every obstacle to achieve the same!

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