



Paper Due?
Why Suffer?
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Obesity Argumentative Essay

The number of overweight children in developed countries is increasing. Some people think this due to problems such as the growing of number of fast food outlets. Others believe that parents are to blame for not looking after their children's health.

To what extent do you agree or disagree?

Nowadays, developed countries are suffering due to high rates of obese young citizens. Some people believe that the boom of convenient restaurants and improper guidance of parents are the reasons that have affected the health of children.

The convenient restaurants and processed foods are seen everywhere, especially in the prosperous countries, where almost all the people are amenable due to the accessibility, affordable prices and time saving for busy people. Some people are practicing their selves this way of life in order to lessen the burden of preparing of foods at home. For instance, because of my busy scheduled duties it is convenient and I prefer to eat in fast food restaurants so that I will not waste my time and energy preparing food at home.

In addition to this, lack of knowledge of parents about the importance of proper food and neglecting their children causes their children's health to get worse and for children to become obese in the society. For instance, my parents are giving us allowances to buy our food outside and that is why my sister turned obese.

However others cannot stop the growth of convenient outlets because these are their livelihood and source of income. Moreover, parents cannot control the preferences of the children's taste buds which make them eager to eat processed foods than nutritious foods.

I, therefore, agree that fast food causes the citizens to depend on fast food because of accessibility, affordable prices and convenience to lessen the burden of preparing foods and also parents lack guidance about proper foods that result in their children becoming fat.

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