Compare and Contrast Essay Conclusion Example

Conclusion paragraph - example

Media can have both positive and negative influences on children. Media, particularly television that is of high quality, expose children to learning opportunities and can provide appropriate role models for children. Early exposure to age-appropriate programs designed around an educational curriculum are found to enhance cognition and academic performance. Research suggests that parents who select well-designed, age-appropriate programs and view these programs with their children maximise the positive effects of media on their children. However, media which shows excessive or gratuitous violence can have long term negative effects on a child’s behaviour, cognition, and physiological arousal. There is also evidence to suggest that over-exposure to media can damage some children’s ability to connect with real people in everyday situations and there appears to be a strong link between over-exposure to media and the rise of obesity in children. Importantly, it appears that the risk of harmful effects of media are significantly reduced when parents monitor both the amount of time children spend in front of the television or computer screen as well as the content and suitability of the programs. Therefore, children can be both positively and negatively influenced by media, and the best safeguard against exposing children to harmful effects of media is by careful monitoring of the quantity and quality of media by parents.